



Week of April 4-8, 2022
















Student Life Newsletter

All NCC student activities are open to all NCC students!

THIS WEEK IS SPIRIT WEEK!

NCC Club and Activity Calendar
SPIRIT WEEK!
Week of April 4-8, 2022, 2022
Student Activities are open to ALL NCC STUDENTS!

Monday April 4	Tuesday April 5	Wednesday April 6	Thursday April 7	Friday April 8
<p>SPORTS DAY*</p>  <p>12 Noon: Autocross Driving Simulation- Auto Lab</p>  <p>FITNESS CENTER HOURS</p>  <p>Fitness Center: Monday-Thursday: 9:00am-5:00pm Friday: 9:00am-4:00pm</p> <p>OPEN GYM HOURS: Mon-Thurs 12-1pm</p> 	<p>NCC SCHOOL COLOR DAY* NAVY and SAGE GREEN</p> <p>10:00 am-1:00 pm: Café GSC</p>  <p>12 Noon: 150 Student Senate Lunch Provided!</p>  <p>Or join us on Zoom at: https://ccsnh.zoom.us/j/95130161682</p>	<p>NERD DAY*</p> <p>I ♥ NERDS</p> <p>11am-2pm: Café New England College</p>  <p>5pm in CAFÉ</p>  <p>FREE PIZZA FOR NIGHT STUDENTS!</p>	<p>TIE-DYE DAY*</p>  <p>Noon: Room 150</p> <p>NCC GSA</p>  <p>Noon: Autocross Club Driving Simulation Activity</p>  <p>Automotive Lab</p> <p>Follow @NCCSenate on Instagram to learn more about Student Senate</p> 	<p>CHARACTER DAY*</p>  <p>12-1: Windows Literary Magazine Club Meet in Library at Noon</p> <p>AUTHOR AT WORK</p>  <p>Download the MyNCC App to keep up with ALL Campus happenings! And for ALL WEATHER CANCELLATIONS.</p> 

*See the Student Newsletter for full descriptions of each Spirit Week theme day, and enter to win Visa gift card prizes!

Culinary Students help to raise over \$100,000 for the NH Food Bank



On Monday, March 28th the students of the Culinary Arts program participated in the NH Steel Chef Challenge at the Double Tree Hotel in Manchester. "Steel Chef Challenge" now in its sixth year, is the New Hampshire Food Bank's signature fundraising event. The event was developed based off ideas from popular Food Network shows, Iron Chef and Chopped. Each year, the NH Food Bank welcomes a celebrity Chef from the Food Network to host a local competition among four NH Chefs. Chefs compete live in front of an audience of more than 650 people. The evening features an exclusive VIP event, live and silent auctions and delicious dinner created by the celebrity chef and their team plus more!

This year's host, Chef Michael D. Symon planned the three-course menu for this year's event. Our second-year students were involved in the preparation and plating of the meal while our freshman served the nearly eight hundred guests. This is the NH Food Bank's main fundraiser that supports the organization.





NCC Spirit Week!



April 4th through April 8th, 2022

Monday, Sports Day!

Wear your favorite teams apparel

Check out the autocross simulator being run in the auto building at 12

Tuesday, NCC school color day!

Wear blue, green and white to show your school pride

Check out the student senate meeting at 12 in room 150

Wednesday, Nerd Day!

Dress nerdy

Check out IEEE in the cafe

Friday, Character Day!

Dress as your favorite literacy character

Check out literacy mag in the cafe

Thursday, Tye- Dye Day!

Wear tye-dye

Check out the GSA meeting at 12 in the library conference room

RENT will be shown at 5pm in the game room, all are welcome!



Prizes

Each day you dress up and post a pic on the MyNCC App, you get entered in a drawing to win 1 of 2 \$50 Visa gift cards!! Winners chosen at the end of the week.

It was a great week of Campus Activities!



We Hold These TRUTHS

New Hampshire Humanities Collaborate April Event Explores Truth

The New Hampshire Humanities Collaborative (NHHC) will host its spring scholarly event, “We Hold These Truths” Friday, April 8, 2022, from 2-4 p.m. at NHTI—Concord’s Community College.

Sponsored by the NHHC—including the University of New Hampshire (UNH), the Global Racial and Social Inequality Lab (GRSIL) at UNH, and the Community College System of New Hampshire (CCSNH)—the event will explore ideas of truth and equality and both historical and contemporary dialogues around the essential commitment expressed in the Declaration of Independence, “We hold these truths to be self-evident, that all men are created equal, that they are endowed by their Creator with certain unalienable Rights, that among these are Life, Liberty, and the Pursuit of Happiness.”

The event will include the following:

- NH State House tour (optional): 107 North Main St., Concord — 12-1 p.m. (meet in State House Visitor’s Center to right of main lobby)
- We Hold These Truths presentations: NHTI, 31 College Drive, Dr. Goldie Crocker Wellness Center — 2-4 p.m.

More than 100 faculty and college students from across N.H. will present research on social, artistic, and scientific representations of truth, exploring truth in history; gender studies; the classics; art, art history, and typography; music; literature; culture; the social sciences; and more. The public is invited to engage with faculty and students, engaging with these presentations. Refreshments will be provided.

For more information contact Dr. Paula DelBonis-Platt, NHTI Professor and Chair of Liberal Arts, General Studies, Social Sciences, and ESOL: PDelBonis-Platt@ccsnh.edu, 603-271-6484, ext. 4151



Culinary Lunch Rescheduled!

We have rescheduled our Middle East lunch for Monday, April 11th. Reservations are required through our online reservation portal and payment is accepted in our Business Office prior to your seating. Reservations can be made one week prior to the lunch and you will receive a confirmation email and a reminder email one day prior to the lunch. Tables are set for parties of four and smaller groups will be seated together.

To make reservation go to the URL is <http://www.nashuacc.edu/chef-table>.

International Cuisine

Region: Middle East

Service Date: Monday, April 11th

FIRST COURSE -set course

Mazza plate – an appetizer plate served with Stuffed Grape Leaves Dolmades, Baba Ghannouj, pita and fresh vegetables.

SECOND COURSE – set course

Orange and Kalamata Olive salad with a lemon garlic vinaigrette

ENTRÉE – please select one:

Falafel – fried chickpeas served in a pita with a cucumber tomato salad and a tahini/yogurt dressing.

Cholent – Sabbath Stew a savory combination of turkey, vegetables

Lamb Kebobs a savory combination of ground lamb grilled on skewers

Entrees served with Tabouli a salad of bulgur wheat, chick peas, fresh mint and tomatoes

DESSERT

Kataifi

Thank you for supporting our students!

April is Sexual Assault Awareness Month

The FREE USafeUS App will help give you tools to get out of an unsafe situation, and information and resources to seek help.

If you find yourself in an uncomfortable situation ...



... uSafeUS can help.

- **Send yourself** a fake text or call to leave an uncomfortable situation.
- **Let friends check on you** when walking alone.
- **Ask bar staff for help** – without anyone knowing.
- **Find resources, answers, and guidance** if a you or a friend experience sexual harassment or assault, relationship violence, or stalking.

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Protect yourself. Protect your friends.™



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on app stores



Questions? Email support@usafeus.org

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IEEE Club Computer Coaching

Having trouble writing a program? Struggling with formatting a document? Windows 10 got you down?

We're here to help!

Schedule 1-on-1 peer coaching on topics such as:

- Computer Programming (Java, C++, HTML, CSS)
- Microsoft Office (Word, Excel, PowerPoint)
- Google Drive (Google Docs, Google Sheets)
- Operating Systems (Windows 10, MacOS, Apple iOS, and Android)
- Networking Concepts (subnetting)
- Canvas

Don't see the topic you're struggling in?

Request it, and we may be able to help!



tinyurl.com/IEEECoaching

NCC'S STUDENT ASSISTANCE PROGRAM



Starting this September, the Community College System of NH (CCSNH), which includes NCC, will offer a Student Assistance Program (SAP) provided by Kepro to provide students with access to free confidential Student Counseling Services (SCS) by licensed mental health professionals in the local area and other supports 24 hours a day, 7 days a week, 365 days a year.

The Student Assistance Program (SAP) provides students with online and mobile access to information, resources, and referrals to enhance student's life and personal wellbeing. The program provides information and resources on personal growth, emotional wellness, parenting, managing change, self-assessments, online training modules, financial calculators, access to free confidential Student Counseling Services (SCS), and legal and financial consultations. From time to time, everyone experiences situations that affect their general wellbeing. The SAP is a resource to help students be successful at meeting their responsibilities and creating solutions that allow students to be healthier, happier, and more productive. The SAP is a comprehensive resource for students and their family.

For more information, visit NCC's Student Assistance Program webpage: <https://www.nashuacc.edu/student-assistance-program>. For access, students can call toll free 1-844-854-7281 or visit www.EAPHelplink.com and use the company code: CCSNH.

Looking forward to a successful semester with all of you. Please do not hesitate to contact me with any questions.

Lizbeth Gonzalez

Vice President of Student and Community Affairs

Title IX Coordinator

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Ages 17-30



jumpstart your financial future

Learn to budget, build your credit, and save for retirement now, so you can achieve your goals of financial prosperity and independence in the future. Presented in partnership with the Tewksbury Public Library.

All workshops are free, virtual, and start at 7 pm.
Register at tinyurl.com/nplmoney.

3/2 Tips and Tricks for Managing Your Credit

Credit cards are convenient and can help you build your credit profile, but they can also be a trap. Learn to avoid their hidden costs.

3/16 Managing Your Money to Build Your Best Life

Learn to budget your money and start building a nest egg for your future.

4/6 Decisions! Decisions!

New job? You need to decide how much to put into your retirement account, which investments to choose, and which health insurance plan is best for you.

4/20 Protecting You and Your Assets

This workshop will help you organize and prepare for adult life, which may seem overwhelming.